



The Akhtamar Quartet presents: "Harmonies of Dreams"

The project "Harmonies of Dreams" offers the beneficial qualities of classical music to hospitals. Several original shows created by the Akhtamar Quartet have been adapted for every patients. Each performance consists of a tailored musical journey, supported by healthcare professionals.



"The Dream Makers" – Musical show for children in the psychosocial centre in Gyumri (Armenia) – June 2021



Concert in the rehabilitation centre for young and traumatised soldiers in Dilidjan (Armenia) – June 2021



Concert in support of healthcare professionals during the covid-19 pandemic in Liege – July 2021

Quartet's biography

Created in 2014, the Akhtamar Quartet chose its name in reference to the Armenian Miniatures of Komitas/Aslamazyan that the ensemble has performed with passion since its inception. Firmly convinced that music must be at the service of everyone, the quartet has been playing in psychiatric clinics since its inception and, in June 2021, organized a solidarity tour in Armenia to help, with music, the many victims of the war.

But let's go back a few years ago. In 2016, the Quartet was selected for the "Tremplin Jeunes Quatuors" of the Philharmonie of Paris and won second prize at the Musiq'3 Festival in Belgium. In 2021 the quartet was awarded the third prize of the International Johannes Brahms Competition.

Their instruments have already resonated in the most prestigious venues and festivals in Europe: Festival Radio France Montpellier, Concertgebouw de Bruges (Be), Festival MonteLeón (Es) as well as in Italy, Switzerland, Austria, Germany, in the Baltic Sea's countries... and of course in Armenia!

2020 marks the release of their first record: "Légende arménienne" under the Cypres label. Regularly broadcast on major Belgian, French and German radio stations, the CD won four stars in the prestigious BBC Music Magazine and Classica Magazine, four Diapasons, and is one of the five nominees in the Classical Music category at the Octaves de la Musique 2021.

In addition to being called upon by composers to create and record their works, the Quartet also shines in the creation of musical shows for various audiences.

The Akhtamar Quartet is one of the ensembles of ProQuartet and ECMA and is supported by the Wallonia-Brussels federation, the Bruges Concertgebouw, Le Dimore del Quartetto, the Centre National de Musique and the Boghossian Foundation.

About our Project

"Harmonies of Dreams"

Human beings are receptive to music throughout their lives. Both a universal language and a source of well-being, music is used increasingly in the medical world. Its benefits are most renowned in psychiatric care and the monitoring of patients, as it has a clear impact on motor functions and memory. Convinced by these potential benefits, the Akhtamar quartet formed a mission to make their music sound in hospitals and medical institutions. Through their live performances, they would share the qualities of journeys and dreams with those patients who no longer have the opportunity or ability to experience them. This project is based on principles of music therapy.

The performances, written according to the ages of different audiences (children, adolescents or adults) have been created in direct liaison with healthcare professionals. They are dedicated to all patients, and also people with mental health disabilities and/or handicaps, whether or not they are permanent residents. The Akhtamar Quartet gives performances to small groups of patients, during which they prioritize interaction and moments to share.

Before the public performances, a "discovery" concert will be given by the quartet for the healthcare professionals. This will allow both parties to organise and shape the following four days in the best way possible for the patients and their needs.

The project has already taken place in the Liège region for more than 200 patients and will continue to develop all over Belgium. In the long-term, the aim of the project is to create more and more communication between healthcare centres and professional musicians, so that artistic performances are as pertinent and useful as possible.

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